

1. An electrical stimulator providing a neurogenic improvement to a body site, comprising means for providing a pulsed or periodic output of electrical signals of substantially square waveform, said electrical stimulator having adjustment means for adjusting amperage of said electrical signals in order to adjust said electrical signals to comfort and sensitivity levels of a patient, whereby effectiveness of treatment of an individual being treated is neurogenically improved.
2. The electrical stimulator in accordance with claim 1, wherein said means for providing said electrical signals provides a stream of approximately two pulses per second.
3. The apparatus in accordance with claim 1, wherein said adjustment means comprises means for adjusting said current output between approximately 1 and 33 milliamps.
4. The apparatus in accordance with claim 1, wherein said adjustment means comprises a potentiometer.

5. A method for treating neurogenic ailments, said method comprising the steps of:

- (a) generating a substantially periodic output electrical signal for application to nerve sites of an individual in need of neurogenic improvement, said periodic output electrical signal comprising substantially a square wave; and
- (b) Stimulating nerve sites of said individual with the output electrical signal of step (a), in order to improve a neurogenic condition or ailment of the individual.

6. A method for treating neurogenic ailments, said method comprising the steps of:

- (a) generating a periodic output electrical signals for relieving pain in an individual, said periodic output electrical signals having an adjustable current level between approximately 1 and 33 milliamps and being substantially a square wave; and
- (b) stimulating neurogenic sites of said individual with said electrical signals of step (a) in order to improve neurogenic ailments and conditions of said individual.

7. A method of treating neurogenic ailments and conditions comprising the steps of:

- (a) generating pulsed, substantially square wave electrical signals;
- (b) adjusting a current level of said pulsed, substantially square wave electrical signals of step (a) in order to adjust the signal to individual sensitivity; and
- (c) stimulating neurogenic sites of said individual with said electrical signals in order to improve an ailment or condition of said individual.

8. An electrical stimulator providing a neurogenic improvement to a body site, comprising means for providing a pulsed or periodic output of electrical signals of substantially square waveform, said electrical stimulator having adjustment means for adjusting amperage of said electrical signals in order to adjust said electrical signals to comfort and sensitivity levels of a patient, and a pair of fixed electrodes to administer said pulsed, or periodic output, whereby effectiveness of treatment of an individual being treated is neurogenically improved.

9. The electrical stimulator in accordance with claim 8, wherein said means for providing said electrical signals provides a stream of approximately two pulses per second.

10. The apparatus in accordance with claim 8, wherein said adjustment means comprises means for adjusting said current output between approximately 1 and 33 milliamps.

11. The apparatus in accordance with claim 8, wherein said adjustment means comprises means for adjusting said current output comprises a potentiometer.